

Washington State University Extension

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Parent/Guardian Signature

MEMBER'S HEALTH FORM

Do you have any physical complaints or illness at this time?

YES NO

If yes, please explain:

Are you under the care of a physician or practitioner of any sort? YES NO

If yes, please explain:

Are you taking any type of medication? YES NO

If yes, what type?

In what dosage?

Are you on a special diet? YES NO

If yes, please explain:

Do you have Diabetes? YES NO

If yes, type and dosage of insulin:

Do you have Asthma? YES NO

If yes, do you carry an inhaler?

Do you have allergies? YES NO

If yes, please list allergies:

Last tetanus shot (month and year):

Other conditions and comments:

Physician's Name

Phone Number

Health Insurance

Group/Policy Number

In case of emergency, I understand that every effort will be made to contact me. In the event I cannot be reached, I hereby give permission to the physician selected by the delegation leader to hospitalize and secure proper treatment (including surgery) for my child.

I have read, understand and consent to the foregoing statements.

Parent/Guardian Signature

Date

Participant Signature

Date

2009–2010 Washington 4-H Project Listing & Enrollment Glossary

ANIMAL SCIENCES

GBF	Dairy Cattle
GBGB	Dairy Goat
GBGC	Novelty Goat
GBGD	Meat Goat
GBGE	Utility Goat
GBB	Beef
GBJ	Sheep
GBL	Swine
GBM	Llama
GBHG	Horseless Horse
GBHA	Beginning Horsemanship
GBHH	Horsemanship Management & Care
GBC	Poultry
HBH	Embryology
GBIA	Rabbit
GBEA	Dog Care & Training
GBEC	Service Dog
GBD	Cat
GBIB	Cavy
GBK	Explore the World of Small Animals
GBKA	Pets
GBO	Exploring Farm Animals
HBI	Veterinary Science
GB	Self-Determined Animal Science

ENGINEERING & TECHNOLOGY

HCA	Aerospace
HCC	Bicycle
HCD	Computer
HCE	Electricity
HA	Geospatial
HCF	Robotics
HCG	Small Engines
HCH	Woodworking
HCI	Snowmobiling
HC	Self-Determined Mechanical Engineering & Technology

ENVIRONMENTAL

STEWARDSHIP	
DA	Discover
DAB	Outdoor Adventures
DB	Science Discovery
DCA	Wind Power
DDA	Forestry
DDC	Sportfishing
DEBA	Riflery
DEBAB	Pistol
DEBAC	Shotgun
DEBAD	Black Powder/Muzzle Loading
DEBAE	Hunting
DEBB	Archery
D	Self-Determined Environmental Stewardship

EXPRESSIVE ARTS

BA	Communications
BC	Visual Arts
BCA	Creative Arts
ACA	Latino Cultural Arts
BCD	Photography
BB	Performing Arts
BBA	Clowning
BBC	Theatre Arts
B	Self-Determined Expressive Arts

FAMILY & CONSUMER SCIENCES DIVISION

CF	Adventures in Family Living
CAA	The Sitter
CAB	Kids on the Grow
CB	Clothing & Textiles
BCAE	Knitting
BCAF	Crochet
ECD	Snackin' Healthy
ECN	Foods & Nutrition
ECG	Food Around the World
ECP	Microwave
ECH	Bread Baking
ECC	Food Preservation
ECK	Foods of the PNW
ECO	Native Foods
ECA	4-H EFNEP
ECF	Food \$ense
CCA	Consumer Savvy
CCB	Financial Champions
CCC	Reading Makes Cents
C	Self-Determined Family & Consumer Sciences

INTERDISCIPLINARY

DEAA	Challenge
DEAB	Portable Challenge
HAAE	Get a Jump on Germs
GA	Ag in the Classroom

PLANT SCIENCES

HBG	Plant Science
GCC	Garden
GCMG	MG-Led Garden Project
HBCA	Entomology
GC	Self-Determined Plant Science

SOCIAL SCIENCES

FHA	About You & Me
FHB	Just Outside the Door
FD	Exploring 4-H
AB	Citizenship
AH	Service Learning
KYG	Know Your Government
ADA	And My World
E	Health
EA	Health Rocks!
FF	Leadership
FFC	4-H Ambassador
FK	Character Education
FCB	Entrepreneurship
F	Self-Determined Social Science

GLOSSARY OF TERMS FOR ENROLLMENT FORM

County Code: 0 + 2-digit WA County number.

Group Code: 3-digit club/group number, assigned at County Office.

Member Code: 5-digit unique member/leader ID number, assigned at County Office.

4-H: the youth development education program of Extension.

Club: organized group of youth, led by an adult, with a planned program that is carried on throughout all or most of the year.

- **Community clubs** typically meet in the evenings or on weekends and offer self-chosen multiple learning experiences and activities.
- **In-school clubs** meet during school hours, have officers, and planned activities beyond school enrichment.
- **4-H after-school clubs** are organized within child-care settings, have officers, and planned activities.
- **Military 4-H clubs** are organized by the Armed Forces, often on military installations, and principally for military dependents.

Special Interest/Short-term Program: youth meeting for a special learning experience that involves direct teaching by Extension staff or trained volunteers, including teachers. Program is not part of the school curriculum and consists of at least 6 hours of contact.

4-H Camping: youth taking part in an Extension-planned educational experience of group living in the out-of-doors.

- **Overnight camping** includes being away from home at least one night.
- **Day camping** consists of multiple-day programs, with youth returning home each evening.

School Enrichment: youth receiving a sequence of learning experiences taught by Extension staff or trained volunteers in cooperation with school officials during school hours to support school curriculum.

Individual Study/Family: planned learning that occurs independently of a formal group setting, as an individual, paired, or family learning effort.

School-aged Care: programs offered to youth outside school hours, usually in a school or other community center incorporating 4-H curricula whose primary purpose is to provide care for youth while parents are working or unavailable.

Racially Mixed Community: area or community in which more than one racial/ethnic group make up the population of potential 4-H program participants.

Integrated Unit: group composed of youth representing more than one racial/ethnic group.

Member: any youth who has completed individual enrollment in an organized, ongoing local 4-H unit and is aware of involvement in 4-H. Includes, but is not limited to, 4-H club members.

General/Org. Ldr.: volunteer leader who assumes primary responsibility for a 4-H group; e.g., main club leader.

Project Ldr.: volunteer who leads a specific project or curriculum within a club/group.

Activity Ldr.: volunteer who gives leadership to an event or activity within a club/group.

Resource Ldr.: volunteer who serves a club/group as a source of expertise, an advisor, a leader of volunteers, or other resource capacity.

Other: individuals the county may want to track for mailing purposes, but who are not counted in 4-H enrollment statistics; e.g., donors, community contacts.

Direct Volunteer: unpaid support for 4-H through face-to-face contact with youth, by a youth or adult, e.g., project leader, club leader, camp counselor, advisor.

Indirect Volunteer: unpaid support for 4-H by a youth or adult which does not include face-to-face contact with youth, e.g., boards, committees, clerical support.

Middle Manager: unpaid service to or leadership of other volunteers by a youth or adult.

New Enrollment: member/leader new to the program, whose year in 4-H is "1."

Reenrollment: indicates continuing participation for the current 4-H year; 4-H year is "2" or more.

Mailing Address: include 4-digit zip code extension.

Youth Ldr.: unpaid support for 4-H by a person who has not yet graduated from high school; a youth volunteer is also a youth participant or member.

Yr. in 4-H: count this year; e.g., first year in 4-H = 1. (Membership years do not count as leadership years.)

Grade: Kindergarten—K; Elementary through HS: 01–12; **Post HS** (enrolled in college/tech. sch.): 13; **Not in School** (HS graduates not in continuing ed.): 14; **Special** (mentally challenged persons beyond age 18): 15; **Home School:** use the participant's grade equivalent; **Mentally challenged**, below age 19: use the participant's grade equivalent.

Ethnic: Hispanic or Latino—person of Mexican, Puerto Rican, Cuban, Central or S. American or other Spanish culture or origin; **Not Hispanic—**all others.

Race: a program participant may self-select one or more racial designations, including: **White—**person having origins in any of the original peoples of Europe, North Africa, or the Mid. East; **Black/African Am.—**person having origins in any of the black racial groups of Africa; **Am. Indian/Alaskan Native—**person having origins in any of the original peoples of N., Central, or S. America, and who maintains tribal affiliations or community attachment; **Asian—**a person having origins in any of the original peoples of the Far East, SE Asia, or the Indian Subcontinent; **Hawaiian/Pac. Islander—**person having origins in any of the original peoples of Hawaii, Guam, Samoa, Micronesia, N. Marianas, or other Pac. islands.

Project Name/Code: select projects and codes from the Project Listing or refer to EM2778, *4-H Projects and Publications*, for a complete description.

Project Year: refers to number of years member/leader has been enrolled in the project, i.e., 1, 2, 10; not "2010."